



Adult Social Care Select Committee  
23 October 2014

**Health and Wellbeing: Improving Older Adult's Health and Wellbeing and Developing a Preventative Approach and Dementia Friendly Surrey**

**Purpose of the report:** Scrutiny of Services and Budgets/Policy Development and Review

The Committee will review the progress made on two of the Health and Wellbeing Board's five strategic priorities and the work of the Dementia Friendly Surrey project.

**Summary:**

1. Surrey's Joint Health and Wellbeing Strategy sets out five priorities, two of which will be considered by the Committee at this meeting:
  - Improving older adults' health and wellbeing
  - Developing a preventative approach
2. These priorities have a direct impact on the services provided by the Adult Social Care directorate, how partners in the health and care system work together and on the outcomes for Surrey residents. For these reasons, the Committee identified the work of the Health and Wellbeing Board as a priority area for scrutiny in 2014/15.
3. Surrey has an aging population profile. Our residents are living longer, often with more complex needs; the Committee will therefore review the joint work done between the Adult Social Care Directorate and the NHS in Surrey to improve older adults' health and wellbeing.
4. In tandem with this priority the Committee will consider the work, lead by Public Health, on developing a preventative approach. A preventative approach is necessary to manage the demands of a changing demographic profile in Surrey by encouraging healthy behaviours that can prevent the development of chronic conditions and reduce the number of people who require social care interventions. It is crucial that

these two priorities operate in an inter-connected way. The Dementia Friendly Surrey project, part of the Ageing Well programme, is an example of collaborative prevention and support work between Surrey County Council and the NHS and an progress report on the key areas of work in the project is included in the agenda papers for scrutiny.

7

5. Prevention should form the foundation of every strategy to improve health and wellbeing and extend quality of life years. Prevention has been selected as one of the five Surrey Health and Wellbeing priorities and has also been incorporated into the delivery plans of all the other priority strategies including the older adults' priority. The intention is that Surrey County Council (Adult Social Care, Children's Schools and Families and Public Health) work with the local district and borough councils and the health service to improve health and social care outcomes, reduce service demand, reduce the level of disability and the 15 year variation in life expectancy across Surrey.

Public Health takes a life course approach, from cradle to grave, to improve outcomes by focusing on primary prevention. The top five risk factors for ill health and early death, which are also the main cause of disability, are smoking, raised blood pressure, obesity, lack of physical activity and alcohol. By incorporating this focus into the older adults plans Surrey County Council, Districts & Boroughs and Clinical Commissioning Groups have agreed to work together to keep our older adults healthier and independent and reduce, or delay, the need for our services.

#### **Recommendations:**

6. The Committee is asked to review the progress on the implementation of the two priorities and consider further scrutiny of the remaining, relevant priorities of the Joint Health and Wellbeing Strategy.
7. Endorse the work of the Older Adults Plan.
8. Consider how they wish to remain updated on the outcomes of the plan including the outcomes of the Better Care Fund plan in respect of Older People
9. The Select Committee is requested to scrutinise the Dementia Friendly Surrey project's progress against its objectives.

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**Sources/background papers:** Surrey's Joint Health and Wellbeing Strategy, [http://www.surreycc.gov.uk/data/assets/pdf\\_file/0004/567382/UPDATED-health-and-wellbeing-strategy-doc.pdf](http://www.surreycc.gov.uk/data/assets/pdf_file/0004/567382/UPDATED-health-and-wellbeing-strategy-doc.pdf)